

GRAYSLAKE CENTRAL



2025 ATHLETIC SUMMER CAMP PROGRAMS

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Grayslake Central's Summer Camp Registration will be online, please go to the following link:

https://d127.cr3.rschooldtoday.com/public/getclass/category_id/-1/program_id/31

Due to renovations in the fieldhouse and tennis courts at Grayslake Central High School this summer, there are several camps taking place at an alternative location. Boys Basketball, Girls Basketball, Boys Tennis, Girls Tennis, Girls Volleyball and Boys Volleyball will *NOT* be at Grayslake Central High School this summer. Please see the locations and addresses listed on their camp pages.



**Summer Camp registration is completed through Class Registration.
This is a different login than in season GCHS sports registration,**

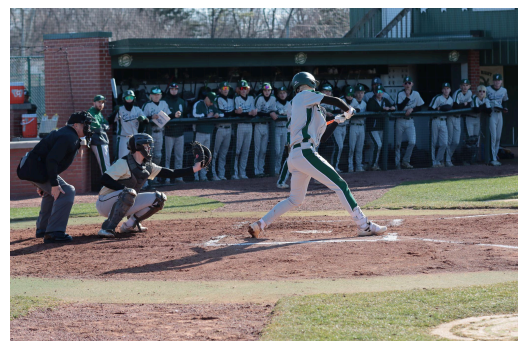
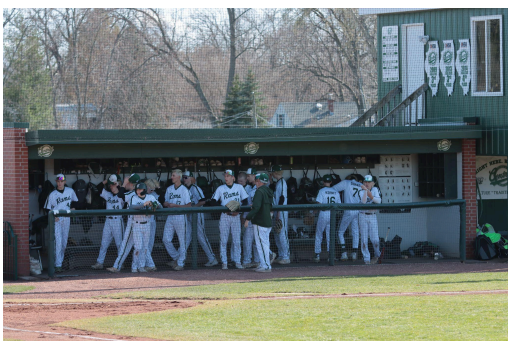


BASEBALL

Coach Troy Whalen – twhalen@d127.org, 847-309-0851 (cell)

DATE	DAYS	TIMES	GRADE	LOCATION	COST
6/9- 6/13	M-F	9:30 am - 11:00 am	7 – 10 year old	Varsity Baseball Field	\$100
6/9 - 6/13	M-F	11:30 am - 1:30 pm	11 – 14 year old	Varsity Baseball Field	\$100
6/9 - 6/13	M-F	1:30 pm- 3:30 pm	Freshmen / Sophomores	Varsity Baseball Field	\$100

***** Players should sign up for their GYBA age group.**





BOYS BASKETBALL

Coach Brian Centella – bcentella@d127.org 847-986-3300 ext. 5708

DATE	DAYS	TIME	GRADE	LOCATION	COST
6/2 - 6/26	M-TH	9:00 am - 11:00 am	9 th – 12 th	College of Lake County	\$180
6/9 - 6/13	M-F	2:00 pm - 3:30 pm	5th - 8th	Canlan Sports Complex	\$100
6/9 - 6/13	M-F	12:00 pm – 1:30 pm	2nd - 5th	Canlan Sports Complex	\$100

College of Lake County: 19351 W Washington St, Grayslake, IL 60030

Canlan Sports Complex: 1950 US-45, Libertyville, IL 60048





GIRLS BASKETBALL

Coach Steve Ikenn – sikenn@d127.org, 847-986-3300 ext. 5640

DATE	DAYS	TIME	GRADE	LOCATION	COST
6/2 -6/26	M-TH	1:30 - 3:30 pm	9th - 12th	College of Lake County	\$180*
6/16 - 6/26	M-TH	10:00 am - 11:30 am	3rd - 8th	Canlan Sports Complex	\$120

College of Lake County: 19351 W Washington St, Grayslake, IL 60030

Canlan Sports Complex: 1950 US-45, Libertyville, IL 60048

***Registration to play in a separate summer league is included in the cost of the High School Camp.**





CROSS COUNTRY

Coach Jimmy Centella - jcentella@d127.org, 847-986-3300 ext. 5708

DATE	DAYS	TIME	GRADE	LOCATION	COST
6/16 - 8/1	M, W, F	7:30 am - 9:00 am	6th** - 12th	SEE BELOW	\$115*
6/18 - 8/1	W, F	7:30 am - 8:45 am	4th - 8th	SEE BELOW	\$75*

* Cost includes camp shirt

Middle school runners with above average talent and/or commitment to running are encouraged to join the HS camp. Don't hesitate to contact Coach Centella with any questions

Locations

Monday- Independence Grove-Back Parking Lot (Take main entrance of 137, go left to furthest lot back)

Wednesday- Central Park (Enter across street from GCHS)

Friday- Nippersink Forest Preserve (Enter off Rte 120 and go past the first parking lot, take a right to the larger parking lot on right side)





GIRLS GOLF

Coach Bryan Dovichi: bdovichi@d127.org, 847-986-3300 ext. 5609

DATE	DAYS	TIME *	GRADE	LOCATION	COST
6/17 & 6/18	T, W	Group 1 8:00 am - 10:15 am Group 2 9:00 am - 11:15 am	9th - 12th	Eiserman Stadium GLC on 45	\$120
7/14	M	8:00 am - 10:00 am	9th - 12th	Pine Meadow	
7/15	T	8:00 am - 10:00 am	9th - 12th	Grayslake Par 3	

***Includes all range fees. Group assignments will be sent to participants prior to camp start date. Transportation is not provided.**

This camp will give girls the opportunity to come together as a team and prepare for the upcoming season.

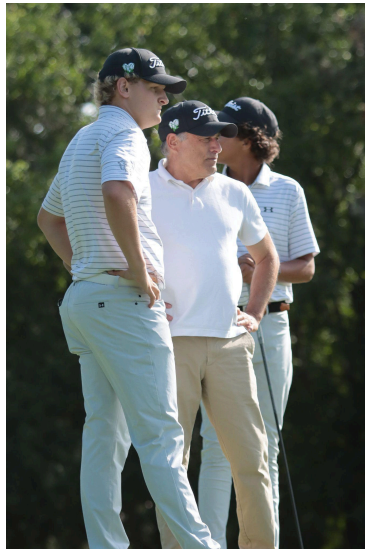
The camp will focus on swing basics, long and short game, and finding club distances.

Grayslake Driving Range: 425 US 45, Grayslake (Corner of 120 & 45)

Grayslake Par 3: 2150 N Drury Lane, Grayslake

Pine Meadows: 1 Pine Meadow Lane, Mundelein





BOYS GOLF

Coach Jim Mazzetta – jmazzetta@d127.org, 847-986-3300 ext. 3600

DATE	DAYS	TIME	LEVEL	LOCATION	COST
7/7, 7/9, 7/14, 7/16*	M,W	8:00 am - 9:30 am	BEGINNERS	Pine Meadows Golf Club	\$150
7/7, 7/9, 7/14, 7/16*	M,W	10:00 am - 11:30 am	ADVANCED	Pine Meadows Golf Club	\$150

Pine Meadow Golf Course - 1 Pine Meadow Ln, Mundelein, IL 60060

* 7/16 Camp will be at Grayslake Par 3 Golf Course - 2150 N Drury Ln, Grayslake, IL 60030

Camp will consist of working on short and long game, putting, and course management.





FOOTBALL

Coach Brent Pearlman bpearlman@d127.org

Rams Camp (For incoming Freshmen through Seniors)

DATE	DAYS	TIME	GRADE	LOCATION	COST
6/16- 6/26	M- TH	2:00 pm - 3:00 pm Weights / Speed 3:00 - 5:00 pm	9th - 12th	Eiserman Stadium/ Weight Room Training	\$250
7/7 - 7/10	M -TH	8:00 am - 10:00 am	9th -12th	Eiserman Stadium Weight Room Training	
7/14 - 7/24	M -TH	8:00 am - 10:00 am 10:00 am - 11:00 am Weights/ Speed	9th - 12th	Eiserman Stadium	
7/28 - 7/31	M -TH	7:30 am - 9:30 am	9th - 12th	Eiserman Stadium / Weight Room	

Camp Details

The GCHS Rams Football Camp is a comprehensive program designed to prepare the entire roster, **from incoming freshmen to seniors**, for the 2025 season. We especially encourage incoming freshmen to join as we work to build a championship-caliber program. Our camp schedule is coordinated with other sports' head coaches to support multi-sport athletes, who remain the backbone of our program and a key to its success. The summer program includes two mini-camp sessions, one in June and one in July. **June focuses on skill development, strength, and speed training, while also fostering team chemistry and work habits essential for success.** In July, the emphasis shifts to installing and practicing game-specific schemes for the fall season. One day per week will be dedicated exclusively to conditioning. Players will practice in helmets and shoulder pads and must wear shorts with a 5-pad girdle underneath for injury prevention. Each player is responsible for purchasing their own padded girdle and football cleats. Weightlifting and speed training are included with no additional fees. Please note, the RAMS camp fee does not include the fall athletic fee.

Youth Football Camp

Coach Brent Pearlman bpearlman@d127.org

DATE	DAYS	TIME	LEVEL	LOCATION	COST
7/7, 7/8,	M,T	4:00 pm - 6:30 pm	3rd - 8th	Eiserman Field	\$50
7/10	TH	4:00 pm - 7:00 pm	3rd - 8th	Eiserman Field	

The youth camp will be for 3rd - incoming 8th graders. (Grades will be split 3,4,5 grades and 6,7,8 grades during competitive sessions.)

Monday/Tuesday will be mostly fundamental days with some competition in the last 30/45 minutes and Thursday will be an all competition day with teams playing in a tournament format with each team playing every round.



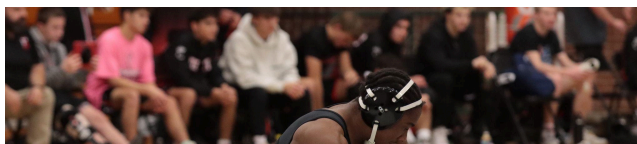
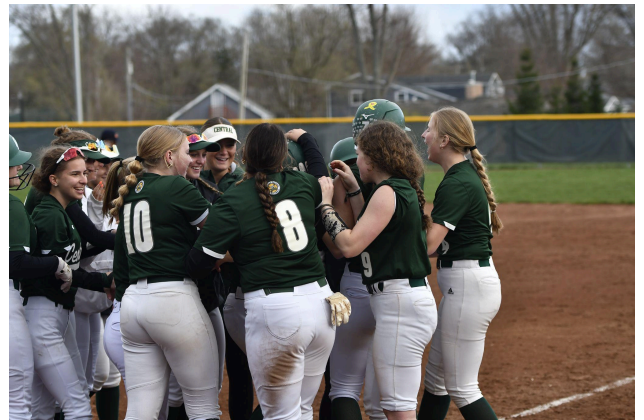
SOFTBALL

Coach Jim Plaza - jplaza@d127.org, 847-986-3300 ext. 5060

DATE	DAYS	TIME	GRADE	LOCATION	COST
6/16- 6/19	M-TH	10:00 am - 12:00 pm	9th-12th	Softball Field	\$100*
6/16- 6/19	M-TH	12:00 - 2:00 pm	3rd- 8th	Softball Field	\$100*

During this camp, campers will work with GCHS Staff and the H.S. Softball players learn the proper techniques in throwing, hitting, fielding, and pitching. This camp is a great opportunity to learn more about what GCHS softball is all about! The Varsity Softball Team is looking forward to spending time with you at camp this summer.

*** Cost includes T-shirt (Please be sure to enter size when registering on Rschool)**



BOYS and GIRLS WRESTLING

Coach Matt Joseph - mjoseph@d127.org, 847-986-3300, ext. 5681

DATE	DAYS	TIME	GRADE	LOCATION	COST
6/4- 6/6	W - F	4:00 pm - 6:00 pm	3rd-12th	Big Gym	\$75

BAGUBA TOURNAMENT - TBA

Each day will include technique, drilling, live wrestling, and conditioning. This camp is designed for inexperienced and experienced wrestlers of all ages.



BOYS and GIRLS TENNIS

Jeff Varblow (Boys Asst. Varsity Coach)
 Brenda Allen (Boys JV Assistant Coach) - ballen@d127.org
Competition Camp - Members of GCHS Tennis Team.

DATE	DAYS	TIME	GRADE	LOCATION	COST
6/16 - 6/26	M - TH	4:00pm - 6:00pm	9th - 12th	Grayslake North Courts	\$90

*Incoming Freshmen need to contact Coach Chuck Lawson for approval.



Special Features of this camp:
 Small ratio of Instructors to Players
 Advanced Singles Strategy
 Advanced Doubles Strategy



Coach Chuck Lawson (USTA, IHSTCA) - clawson@d127.org
 Brenda Allen (Boys JV Assistant Coach) - ballen@d127.org
Skills Camp - Athletes will work on individual skills and match play.

DATE	DAYS	TIME	GRADE	LOCATION	COST
Advanced 7/14 - 7/31	M - TH	8:00 am - 10:00 am	11th - 12th	Grayslake North Courts	\$110
Intermediate/Beginner 7/14 - 7/31	M - TH	10:00 am - 12:00 pm	8th - 10th	Grayslake North Courts	\$110
Youth Camp 7/14 - 7/31	M - TH	12:00 pm - 1:00 pm	4th - 7th	Grayslake North Courts	\$80

Please Note: First day of all camps will be for skill evaluation. Campers must attend or plan to attend GCHS to be in Advanced or Intermediate camps. Grayslake Central's tennis courts are being resurfaced this summer, therefore camp will take place at Grayslake North.



GIRLS VOLLEYBALL

Coach Arian Colton - acolton@d127.org, 847-986-3300 ext. 5567

Sky High Volleyball Academy: 1450 Harris Road Libertyville, IL 60048

CAMP	DATE	DAYS	TIME	GRADE	LOCATION	COST
Serve & Serve Receive Camp	7/7-7/10	M - TH	8:00 am - 9:00 am	9th - 12th	Sky High Volleyball Academy	\$60
Setter/Hitter Camp	7/7-7/10	M-TH	9:00 am - 10:00 am	9th - 12th	Sky High Volleyball Academy	\$60
Middle School Camp	7/7-7/10	M - TH	10:15 am - 11:30 am	6th - 8th	Sky High Volleyball Academy	\$60
Varsity Camp	7/14-7/17; 7/21-7/24	M- TH	8:00 am - 10:00 am	11th - 12th and returning varsity athletes	Sky High Volleyball Academy	\$185
9th & 10th Grade Camp	7/14-7/17; 7/21-7/24	M - TH	10:00 am - 11:30 am	9th - 10th	Sky High Volleyball Academy	\$185





BOYS VOLLEYBALL

Coach Dan Erlenbaugh - derlenbaugh@d127.org, 847-986-3300 ext. 5707

DATE	DAYS	TIME	GRADE	LOCATION	COST
7/7- 7/10	M-TH	9:00 am - 11:00 am	7th - 12th	Jones Island - Grayslake Park District	\$70 *

Jones Island: 243 Harvey Avenue, Grayslake, IL

Athletes will focus on fundamentals, as well as game-like situations.

*** Includes t-shirt**





BOYS and GIRLS SOCCER CAMP

Coach Keith Andersson – kandersson@d127.org

DATE	DAYS	TIME	GRADE	LOCATION	COST
6/9 - 6/12	M-TH	8:00 am - 9:30 am	2nd - 7th	Eiserman Stadium	\$125
7/28- 7/31	M-TH	10:00 am - 11:30 am	8th - 12th	Eiserman Stadium	\$125

The High School Soccer Camp Staff will help campers improve upon their fundamental technique, while creating an atmosphere that unlocks the game within each child. Fun, age-appropriate activities will make this week of camp a winner! Our coaches understand the youth player and will provide tremendous learning opportunities, encouraging further enjoyment of the game long after camp has ended.

Each player needs to bring the following every day to camp: running shoes, soccer shoes, water bottle, inflated soccer ball and shin guards.

All registrants and parents should follow: @gchsoccer1 on twitter to stay informed of any potential changes in the schedule or plan. This will be our primary means of communication for camp.





DANCE

Coach Stephanie Kischuk - skischuk@d127.org, 847-986-3300 ext. 5532

DATE	DAYS	TIME	GRADE	LOCATION	COST
6/10, 6/11, 6/12	T, W, TH	9:00 am - 11:30 am	K - 8th	Dance Room, Big Gym	\$100

The price includes a t-shirt and dancers who participate in camp will have the opportunity to perform at a football half-time game with the varsity dance team in the Fall.





GIRLS BOWLING

Coach Kelsey Holst - kholst@d127.org

DATES	DAYS	TIMES	GRADE	LOCATION	COSTS
6/9-6/12	M - TH	3:00 pm - 4:30 pm	6th - 12th	Lakes Bowl	\$125

Lakes Bowl: 601 Railroad Ave, Round Lake, IL 60073

Participants will receive one-on-one instruction, videotape analysis, and specific drills tailored to their strengths and weaknesses in addition to competitive league bowling.

Camp Schedule

3:00 pm - 4:00 pm: Individual instruction, videotaping analysis, skills and drill work

4:00 pm - 4:30 pm: League play (2 games)



CHEER

Coach Kelsey Adams - kadams@d127.org

DATE	DAYS	TIME	GRADE	LOCATION	COST
6/3	Tuesday	5:00 pm - 7:00 pm	K - 8th	Big Gym	\$40

Stunt with the #ramily!

Join the GCHS Cheerleading Team for a Stunt Camp, open to all K-8th graders for the 2025-2026 school year. Participants will learn safe stunting, drills, progressions and the fundamentals of stunting as well as advanced and elite stunt skills.

Link to register:

<https://docs.google.com/forms/d/e/1FAIpQLSderJ5zKWRP9p5n8lr2iloTluPYQzUm9dnu-o4qROggNjTlxg/viewform?usp=preview>

**** Cheer Camp is NOT registered through Class Registration.**





FLAG FOOTBALL

Coach Jalen Dennis: jdennis@d127.org

DATES	DAYS	TIMES	GRADE	LOCATION	COSTS
7/7 - 7/31	M - TH	12:00 pm - 2:00 pm	9th - 12th	Eiserman Stadium	\$150

Athletes will learn skills related to the sport, speed and agility, sportsmanship and more! Enjoy a variety of development drills, games and scrimmages in a safe, fun environment!





YOUTH SPEED DEVELOPMENT

Coach Brent Pitt: bpitt@d127.org

DATES	DAYS	TIMES	GRADE	LOCATION	COSTS
7/15, 7/17, 7/22/7/24	T & TH	11:30 am - 1:00pm	5th - 8th	Eiserman Stadium	\$80

Each session will focus on teaching the core concepts of sprinting and acceleration, providing athletes with the skills they need to enhance their speed and agility.

Here's what to expect:

- **Precision Training:** Athletes will be timed using a state-of-the-art laser timing system to track progress and performance.
- **Skill Development:** Learn essential sprint drills, jumping mechanics, and techniques to improve explosive power and speed.
- **Self-Improvement:** Gain valuable knowledge on how to continue getting faster on your own beyond the camp sessions.

Whether you're looking to gain a competitive edge or simply want to improve your athleticism, this camp offers a dynamic environment for growth and success.





POLE VAULT

Coach Cooper Jazo: cjazo@d127.org or Brent Pitt: bpitt@d127.org.

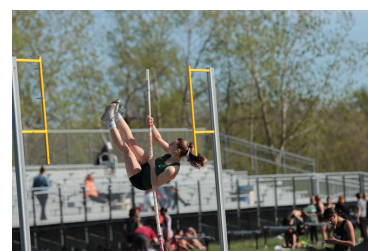
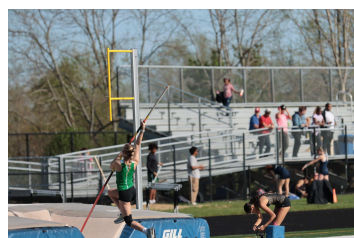
DATES	DAYS	TIMES	GRADE	LOCATION	COSTS
7/14, 7/16, 7/21/7/23	M & W	11:30 am - 1:00 pm	6th - 12th	Eiserman Stadium	\$100

This camp is designed for athletes of all skill levels—from beginners just starting their journey to experienced vaulters looking to refine advanced techniques!

This camp is an excellent opportunity to:

- **Learn the Basics:** Develop a solid foundation with introductory techniques tailored for new vaulters.
- **Advance Your Skills:** Hone your form, timing, and execution with advanced techniques to elevate your performance.
- **Work with Experts:** Our experienced coaches will provide personalized instruction and insights to help you reach your full potential.
- **Build Confidence:** Whether you're a beginner or aiming for personal bests, this camp is a supportive environment to grow your skills and love for the sport.

Poles and helmets will be provided. Please bring water and track spikes if you have them.





NO CAMPS BETWEEN June 30-July 4

****Dates, times and locations are subject to change.****

If you have questions, please contact

GCHS Athletic Office

**400 N. Lake St.
Grayslake, IL 60030
847-986-3300 ext. 5025**

jmaiden@d127.org