



**Community Consolidated
School District 46**

565 Frederick Road, Grayslake, IL 60030

24-25 Fifth Grade Physical Education/Health Priority Standards

© 2024 All rights reserved by CCSD46. Do not copy without permission.

Physical Education

Trimester 1	Trimester 2	Trimester 3
Demonstrate locomotor skills while manipulating objects.	Demonstrate locomotor skills while manipulating objects.	Demonstrate locomotor skills while manipulating objects.
Demonstrate non-locomotor skills while manipulating objects.	Demonstrate non-locomotor skills while manipulating objects.	Demonstrate non-locomotor skills while manipulating objects.
Participate in moderate to vigorous physical activity for an extended period of time.	Participate in moderate to vigorous physical activity for an extended period of time.	Participate in moderate to vigorous physical activity for an extended period of time.
Remain on task when participating in physical activity.	Remain on task when participating in physical activity.	Remain on task when participating in physical activity.
Work cooperatively with others.	Work cooperatively with others.	Work cooperatively with others.

Health Education

For Health in Fifth Grade, all students will receive one session that covers all Health Education Priority Standards. During a students' assigned session, he/she may not attend Physical Education, but Health Class instead.

Describe the effects of substances on the body systems.	Recognize abusive behaviors and practice procedures for suspected abuse.
Identify positive communication skills to avoid, prevent, or resolve conflict.	Explain the basic principles of health promotion, illness prevention and safety.
Determine consequences of conflict among peers and parents.	Choose healthy foods and identify the major nutrients.
Explain how to build and maintain healthy relationships.	Identify the basic functions of the human body systems.