

# 6-8 Health Resource Recommendation

May 18, 2022

Presented by: Paul Louis - Assistant Superintendent  
Amanda Woodruff - Teaching & Learning Coordinator



# Mission

Empowering Learners

Creating Equity

Cultivating Community



CCSD 46

Empowering Learners | Creating Equity | Cultivating Community

# Strategic Plan Goals & Board Policies

## Curriculum Goal #1:

Review and update teaching, learning, and assessment practices and materials through an equity lens to create culturally responsive learning environments.

## Finance Goal #3:

Review, expand, and clarify financial practices to increase transparency and communication, with a focus on aligning financial decision making to district goals.

## Board Policy 6:40 Curriculum Development & Adoption

The Superintendent shall recommend a comprehensive curriculum that is aligned with:

The minimum requirements of State and federal law and regulations for curriculum and graduation requirements;  
The Illinois State Learning Standards and any District learning standards

## Board Policy 7:15 Student and Family Privacy Rights

A student's parent(s)/guardian(s) may inspect, upon their request, any instructional material used as part of their child's educational curriculum within a reasonable time of their request.

Board Policy 2:260 [Curriculum Objection Form](#)



# Why now?

In August 2021, Governor Pritzker signed the Keeping Youth Safe and Healthy Act ([Senate Bill 0818](#))

- This bill calls for updated curriculum that provides personal health and safety education from kindergarten through fifth grade and comprehensive sexual health education from sixth through 12th grade.
  - Our current Scope & Sequence documents can be found here:
    - [6th Grade](#)
    - [7th Grade](#)
    - [8th Grade](#)
- The bill requires that the curriculum be set in alignment with the [National Sex Education Standards](#)

# Funding Sources

## ESSER ARP

- Includes allocation for new Curriculum Materials (including Science, Social Science and Health) and related costs
  - Quote for ETR HealthSmart - \$26,327

## Future Potential Professional Development Funding

- Title II allocations and Curriculum Budget (District Funds)

## Future Potential Renewals & Supplements

- Curriculum Budget (District Funds)



## 6-8 Health Resource Process:

- All 6-8 Health Teachers involved
- Review of current practices and resources
- Review of standards and mandates
- Review of materials used in neighboring communities
- 3 programs chosen for publisher presentations
- 1 final recommendation

# About ETR

***Mission:** Improve health and increase opportunities for youth, families and communities.*

*ETR envisions a world where all people have the information, skills, and opportunities to lead healthy lives. We are driven by our mission to improve health and increase opportunities for youth, families, and communities.*

*ETR embraces the purposeful inclusion of all people as a means to honor and respect difference, and to elevate the strengths brought by diversity of experience, perspective, and expertise.*



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# About ETR

## Values:

- *Partners in the Fight for Health Equity*  
*We are part of a movement to improve health and education outcomes for all communities.*
- *Science Is Foundational*  
*We believe in grounding our work in science that is transdisciplinary and rigorous.*
- *Diversity + Inclusion*  
*We believe everyone should have the same access and opportunities in life.*
- *Integrity + Excellence*  
*We don't take the easy way out; our science-based solutions are tested and vetted.*
- *Responsive to Emerging Needs + Trends*  
*We innovate and respond with new and tailored products and services.*
- *Enthusiasm for What Lies Ahead*  
*We focus forward, not rest on the body of our current work.*





# HealthSmart

ETR convened a panel of national experts in health education to create their comprehensive health education program, HealthSmart. HealthSmart was the first national health curriculum to focus on the CDC 6—the main areas of risk for children and adolescents as monitored by the National Youth Risk Behavior Surveillance System. The program has an emphasis on helping empower young people to achieve lifelong health and wellness.

In addition to the CDC 6, HealthSmart covers mental/emotional health and personal health and wellness (two other areas identified by the CDC as essential parts of a comprehensive health education program).

# HealthSmart

HealthSmart aligns with:

- National Health Education Standards
- National Sex Education Standards
- Illinois Standards for Social Emotional Learning & Health Education



# HealthSmart

HealthSmart includes modules on the following topics:

- Nutrition
- Physical Activity
- Tobacco, Alcohol, & Other Drug Prevention
- Emotional & Mental Health
- First Aid
- Teen Dating Violence
- Bullying
- Erin's Law
- Puberty
- Pregnancy Prevention
- HIV & STI



# Opting Out?

Illinois School Code and CCSD 46 Board Policy does allow for families to opt their children out of the following content:

- Comprehensive Sex Education
- HIV/AIDS and sexually transmitted diseases
- Erin's Law
- Instruction on organ/tissue and blood donor and transplantation programs
- Animal dissection
- Family Life Class

Families also have the right to inspect instructional materials used as part of their child's curriculum.



# Next Steps

- Pending approval of new resource:
  - Materials will be available for public review until June 1
    - Please contact Amanda Woodruff at the District Office to set up an appointment to review these materials.  
847-986-2899  
[woodruff.amanda@d46.org](mailto:woodruff.amanda@d46.org)
  - Work with Health Teachers to update and align our CCSD 46 6-8 Health Scope & Sequence with specific lessons from HealthSmart
    - *It is important to note that the Health Teachers will be working through these content units and determining what modules and lessons are appropriate for each grade level - not all lessons will be used and not all grade levels will get every module/lesson.*
  - Professional Development on HealthSmart
  - Implementation
  - Collection & Review of Data



# Questions/Comments



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# Community Consolidated School District 46

565 Frederick Road, Grayslake, IL 60030

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To: Board of Education, Dr. Lynn Glickman  
From: Chris Wildman, CPA SFO, Assistant Superintendent of Finance/CSBO  
Dr. Stephanie Diaz, Director of Language Learners  
Adam Halperin, Director of Operations and Maintenance  
Heather Lorenzo, Director of Pupil Services  
Chris Vipond, Director of Technology  
Date: May 18, 2022  
Memo: ALICE Recommendation for Active Shooter / Situational Awareness  
Methodology

## **Background**

On May 4, 2022 the CCSD 46 Safety and Security Committee (SSC) presented an update to the Board of Education regarding the goals and progress of the committee since December 2021.

The committee has dedicated time to reviewing active shooter / situational awareness methodologies, to replace the *Traditional Lockdown* approach currently used. With *Traditional Lockdown*, students and staff lockdown in their classrooms, lock the doors, and turn off the lights. Both school district and police officer members of the committee felt that the current methodology was not the best practice.

## **Administrative Considerations**

The committee and administration considered various available situational awareness programs, including Run, Hide, Fight; I love U Guys; and ALICE. During our last meeting on April 19, 2022, the committee came to a consensus that implementing ALICE as our active shooter / situational awareness programming is the best fit for CCSD 46. Some of the benefits that were identified included;

- Robust programming and training materials
- Widely used by our peer school districts, including Grayslake CHSD 127
- ALICE is endorsed by Department of Homeland Security (DHS), the Federal Emergency Management Agency (FEMA), and the US Department of Education

Administration has already contacted Navigate360, which operates the ALICE Institute, to organize a formal two-day training with leadership, implement professional

development and secure dates for an all-staff training in October 2022. The initial cost of ALICE is \$26,000, which includes the implementation cost of \$16,000. The ongoing annual cost is \$10,000. The SSC is bringing a recommendation of ALICE as an active shooter / situational awareness methodology to the May 18, 2022 Board of Education Meeting.

**Board Policy**

**4:170 Safety**

**4:60 Purchases and Contracts**

**Recommendation**

The administration recommends the Board of Education approve the contract with Navigate360, as presented.

**BOARD ACTION**

**BE IT RESOLVED: The CCSD 46 Board of Education approves the contract with Navigate360.**

[AvertingTargetedSchoolViolence.pdf](#)

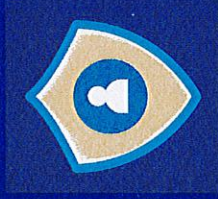


# **ALICE**

# **Recommendation**

## **Board of Education Meeting**

**May 18, 2022**



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# Mission

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# Guided and Governed by Board Policies

- Safety (Board Policy 4:170)
  - Safety and Security
  - School Safety Drill Plan
  - Annual Review
- Targeted School Violence Program (Board Policy 4:190)
  - Threat Assessment Teams

# Active Shooter Response Methods Reviewed

- Assessed and identified shortcomings of *Traditional Lockdown* through the Safety and Security Committee (SSC) meetings
- **Situational Awareness: being fully cognizant of your surroundings, the people in it, and your situation. It is vital factor for preventing and responding to an immediate threat to the school.**
- Situational Awareness Training Options
  - *Run, Hide, Fight*
  - *I Love U Guys*
  - ALICE
- Discussed briefly at May 4, 2022 Board of Education, *Safety and Security Committee (SSC) Update*

# Discussion Topics of the Committee

Research

Data

Evidence



# Research- The Brain

Fight, Flight, or Freeze response

## Upstairs Brain

- Neocortex
- Logical and sequential thinking
- Rational thinking
- Memory storage and retrieval
- Auditory Processing

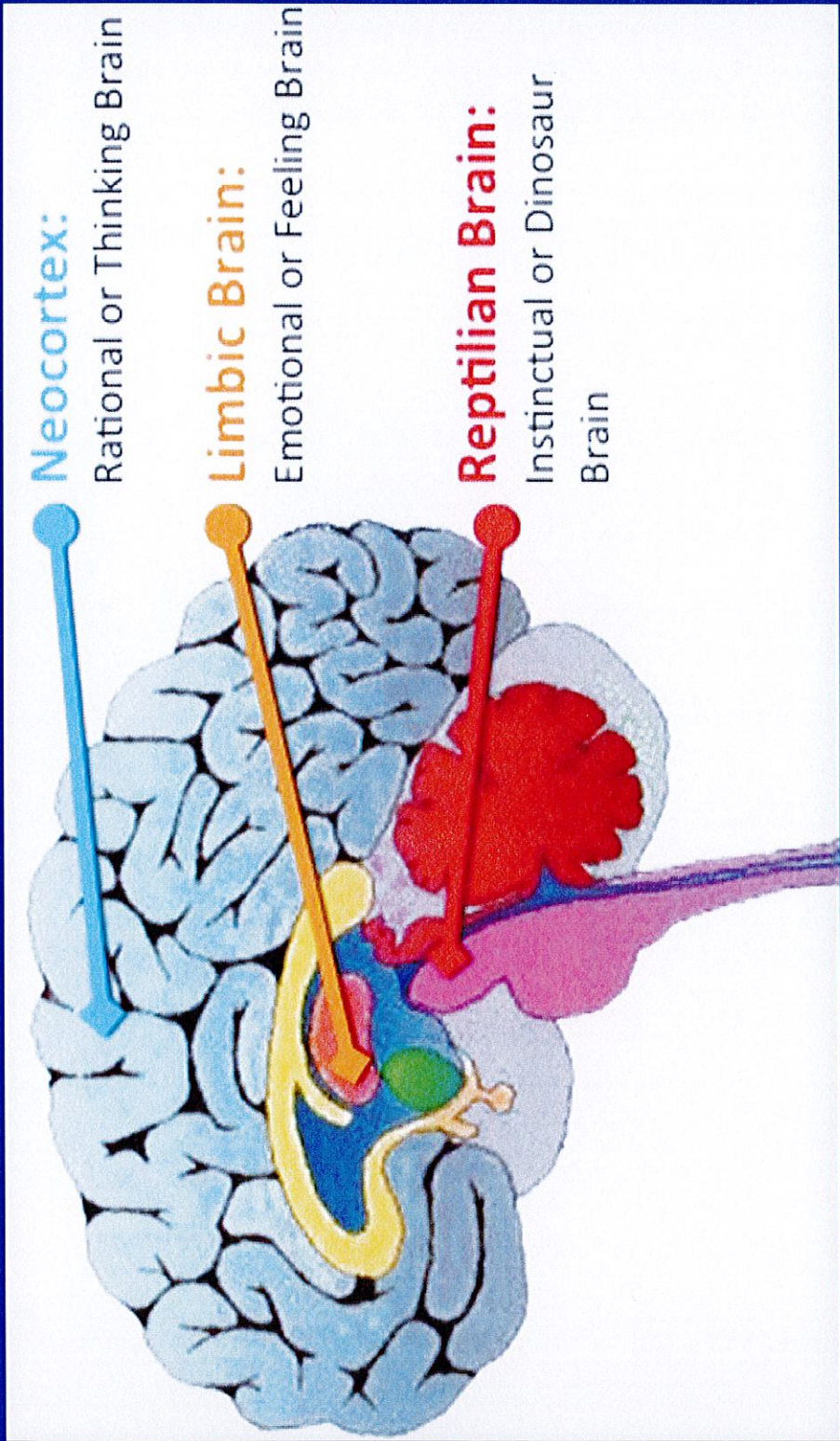
\* Inability to access these items can become an immediate trigger

## Downstairs Brain

- Limbic System (Midbrain)
  - Emotional center
- Reptilian Brain
  - Survival center
- There is no future and no past

\* Without the upstairs brain control, must rely to survival instincts





**Neocortex:**

Rational or Thinking Brain

**Limbic Brain:**

Emotional or Feeling Brain

**Reptilian Brain:**

Instinctual or Dinosaur Brain

# Data- What can we learn from others?

Locations of 25 plotters' plans of attacks

Top 5?

Cafeteria: 10

Hallways: 8

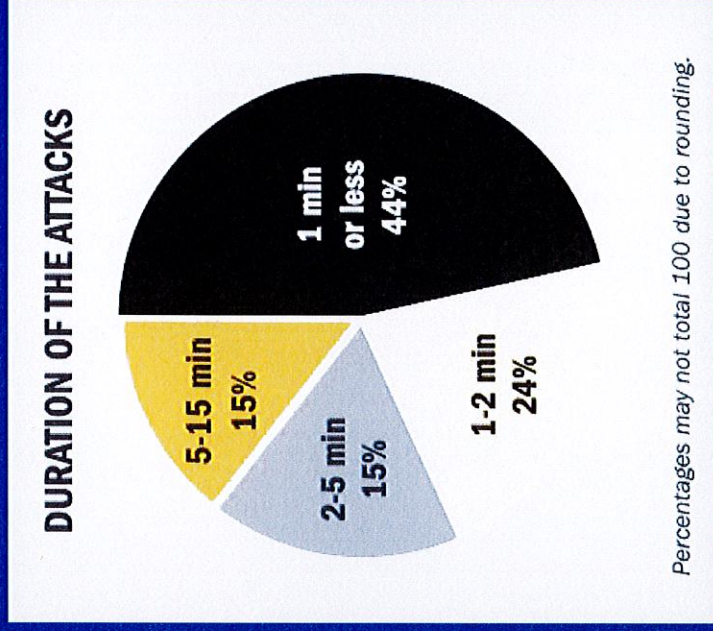
Egress Points: 8

School Grounds: 8

Gym: 4

Classrooms: 3

Duration of the Attacks from start to finish:





# Evidence- situational awareness

Unlike traditional lockdown approaches, multi-option responses with barricading, evacuating, and active resisting make potential victims harder targets for offenders to victimize (Cornish & Clarke, 2003).

Potential victims become hard, dynamic targets for the shooter, rather than passive, static targets (A.L.i.C.E. Training Institute, 2014).

\*Repeated practice in high stress scenarios decreases over reliance on the reptilian brain

# Committee Recommendation to Move forward with ALiCE

- Unanimous Committee Recommendation
- ALiCE Presentation to Board of Education: May 18, 2022
- **Initial cost \$26,000** (Implementation cost: \$16,000. Ongoing annual cost: \$10,000)
  - Included in the FY 2023 Budget



# ALICE

# ALICE

ALiCE is a federally endorsed safety protocol. The letters ALICE stand for Alert, Lockdown, Inform, Counter and Evacuate:

- **Alert** – inform people of the threat, giving as much information as possible.
- **Lockdown** – Students and Staff can choose to lockdown and barricade the room that they are in if they determine that it is not safe to evacuate.
- **Inform** – pass on as much information as possible to others and to First Responders, including contacting 911.
- **Counter** – an effort of last resort, if an armed intruder is able to get into the space that they are in; students are being trained to use every effort to stop the intruder instead of being passive victims.
  - a. This includes tactics such as loud noises, movement, projectiles, Etc.
  - b. *Depends on age; our youngest students would not “Counter”*
- **Evacuate** – If it is safe to do so, all are encouraged to evacuate the building, and remove themselves from the threat.
  - a. Is the preferred option If it is safe to do so, all are encouraged to evacuate the building, and remove themselves from the threat.



# The ALiCE Value

- ALiCE is the leading edge of active shooter response nationally
- ALiCE has the largest users base of any active shooter training nationally:
  - 5,548 School Districts
  - 3,055 Business
  - 893 Local Municipalities
  - 5,100 Police Departments
- Most complete active shooter training program available
- Extensive National Train the Trainer model
  - Robust eLearning Portal
  - Age/Ability Appropriate Teacher Enablement Curriculum
  - Provides Staff and Organizational Level Certifications



## Further Benefits

- Widely used by our peers and high school (Grayslake CHSD 127)
- Recognized by Police partners (Grayslake, Round Lake and Round Lake Beach)
- ALiCE is nationally endorsed by law enforcement and in line with recommendations from the:
  - **Department of Homeland Security (DHS); Federal Emergency Management Agency (FEMA); US Department of Education;** along with many state agencies across the US.



# ALICE Leverages Best Practices

- Empower students and staff to make their own survival decisions based on their specific circumstances
- Blended training that includes both eLearning and hands-on, scenario-based education
- Curricula designed for individuals with diverse learning styles and varying ages and abilities
- Role based training that teaches how to survive in settings that are not the traditional classroom. The bus, soccer field, cafeteria and more

# ALiCE - Use of Counter

- Recommendation with Pivot in the Training:
  - C (Counter) in ALiCE is not appropriate for elementary school students
    - ALiE for Elementary and ALiCE for Middle School students



# Trauma- Informed Approach:

Concept of the “Four R’s.”

- **Realize** – Educators have a basic understanding of what trauma is and how it affects the physical, emotional and mental health of students
- **Recognize** – Educators are able to recognize the signs of trauma
- **Respond** – Educators apply a trauma-informed approach when responding to students that follows a model of utilizing evidence-based trauma practices to promote a physically and psychologically safe environment
- **Resist re-traumatization** – Resist re-traumatization during active shooter safety drills with open discussion and debriefing when necessary



# Next Steps to Implement ALiCE with Fidelity (tentative)

- Community Engagement Component of ALiCE:
  - Q&A with panel of administration and police
    - Parent Nights (Buildings - TBD)
- Train the Trainer - Leadership Team over the summer
- CCSD 46 / Grayslake D127 Joint Training Option
- Begin training at the October 7, 2022 Institute Day
  - Trainings will be in-person and online



## Other Considerations

- 105 ILCS 128/20(5)
  - Schools must provide alternative safety education and instruction related to an active threat or active shooter event to students who do not participate in a walk-through lockdown drill to provide them with essential information, training, and instruction through less sensorial safety training methods

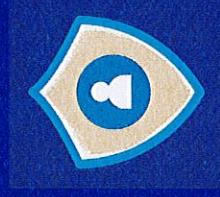


# **ALICE**

# **Recommendation**

## **Board of Education Meeting**

**May 18, 2022**





# Community Consolidated School District 46

565 Frederick Road, Grayslake, IL 60030

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**To: The Board of Education**

**From: Dr. Stephanie Diaz, the Department of English Learners**

**Date: May 18, 2022**

**Memo: Title III, EL and Bilingual Program Update**

## **Background**

The attached presentation describes the current state of the English Learner Department, with a focus on the growth and development of the program from an Early-Exit model to a One Way Dual program, as well as a shift from 30 min English as a Second Language mode to Teacher of Record.

It is important to review Article 228.C14, Administrative School Code pertaining to Title III, as this is the rationale for the programming. This section of the code states that any school with more than 20 Spanish Speakers will need to implement a Bilingual Program. As of January of 2021, all of our schools have reached the 20 student threshold.

## **Administrative Considerations**

Some administrative considerations included how many English learners are enrolled in each grade level at each school, as well as caseloads for the Teacher of Record, ESL classes. It is also noted that hiring the best and most certified candidates may pose a challenge and that this expansion may heighten this concern. Recruitment from Puerto Rico, Spain, Mexico, and job fairs began in March of 2022.

## **District Goal**

This action is responsive to District Goal # 1, and District Goal #2

- Review and update teaching, learning, and assessment practices and materials through an equity lens to create culturally responsive learning environments
- Investigate options for new or revised course offerings, with emphasis on World Language, Dual Language, and Encore opportunities

## **Board Policy Reference**

**NA**

**Recommendation**

Discussion only.

**BOARD RECOMMENDATION**

Discussion only.

**Department of EL Update**

# Department of English

## Learners

Update Report

May 18, 2022



# Mission

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**Empowering Learners**

**Creating Equity**

**Cultivating Community**

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# Six years ago....

## English Learners Planning and Design Team Presentation



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# 2015...

**Recommendation #1:** Systemic equitable Late Exit Bilingual Programming for qualified schools/student populations (population size analyzed annually).

**Recommendation #2** - Systemic equitable Transitional Program of Instruction (TPI) programming for all schools/students.

**Recommendation #3** -Rtl for EL Students will take native language into consideration during the identification process, reevaluation, any testing, related services and instruction.  
**Recommendation #4**- Ongoing community education in the programming and needs of ELs in D46 and the benefits of diversity and bilingualism.



# 2022...

- About 647 students in the EL Program (active EL students)
  - 43 Languages
  - 40 Newcomers
- Avon and Prairieview have a One Way Dual language program
- Park Campus, Woodview, and Meadowview had programs for the 21-22 school year
  - WV/MV Strand
  - PC/PV Strand
    - Transportation is provided

All programs will roll up each year Dual classes PreK-8.



# High Incidence Languages

Language	Numbers
Spanish	820
Tagalog	52
Polish	39
Russian	29
Tamil 2022/ replaced Gujarati	23

# Growth Over Time

School Year	Number of EL's in District	Number of Languages	Percent of Students who Met Proficiency on ACCESS
2017	429	39	3%
2018	550	51	8%
2019	668	63	10%
2020	672	64	11.88%
2021	425 *took ACCESS	60	NA
2022	647 *took ACCESS	53	8.5%

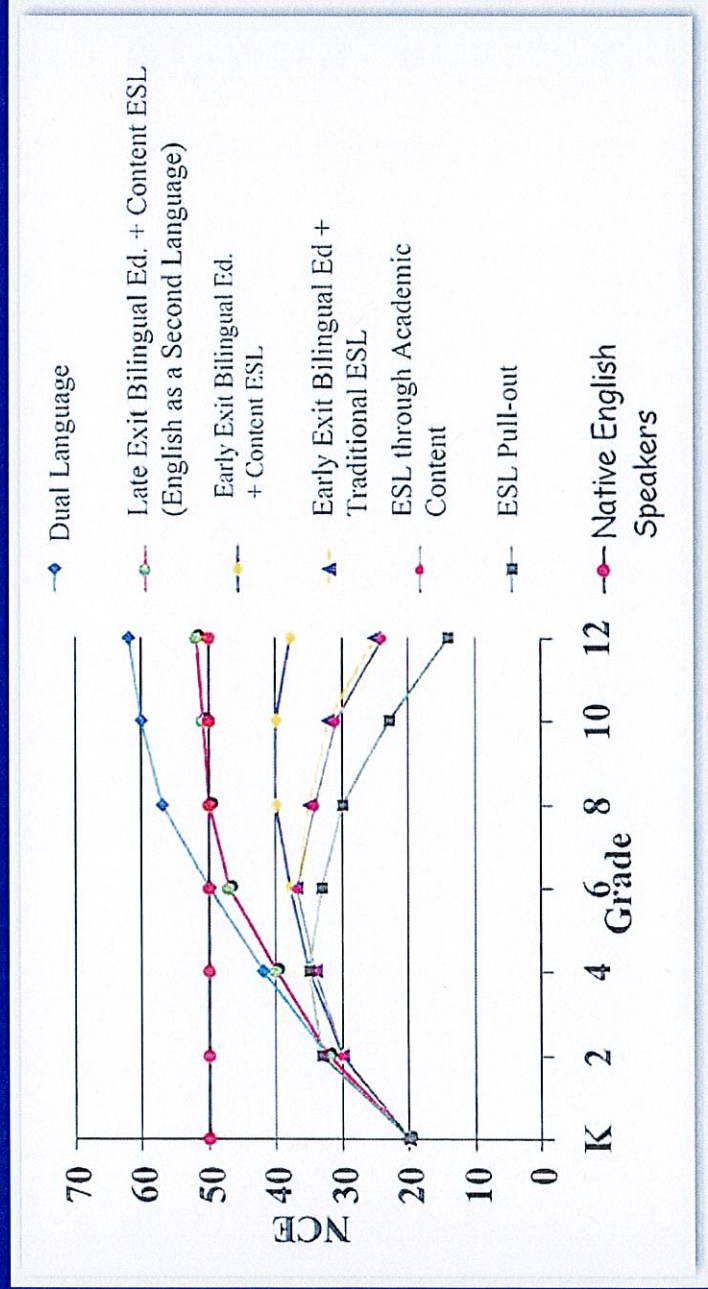
# ISBE Terminology

- **Dual Language Learners (DLLs):** Young children aged birth to 5 learning two or more languages at the same time
- **English Learners (ELs):** Children aged 5+ in K-12 education system
- **DLLs/ELLs:** The entire group (birth to 21)
- **Dual Language Programs:** Programs that use both languages and aim to develop both languages

\*Reference ISBE, 2020



# Thomas and Collier EL Program Research Graph



# We are making ..Progress toward Proficiency

<i>Year</i>	<i>Progress toward Proficiency Score (PtP)</i>	<i>Percent</i>
2020	74/100	74%
2021	NA due to Covid	74% (hold harmless)
2022		Not updated yet



# Goals of a One Way Dual Program Include...

## Bilingualism, Biliteracy, and Biculturalism

- Take advantage of optimal learning window for learning a second language
- Provide a high quality Spanish and English curriculum
- High levels of proficiency in English/Spanish among both populations
- Inspire students' appreciation for their native language and other languages

# Goals Continued...

- Differentiate instruction to reflect the linguistic, cultural, and academic backgrounds of the students
- Build cultural competencies in a globalized society
- Develop positive cross-cultural attitudes and behaviors
- Raise self-esteem for all children



# What is a One Way Dual (OWD) Language Program?

- A Dual Language Program provides instruction through two languages with the goal of promoting full proficiency in oral and written aspects of both languages.
- Students develop strong literacy in both Spanish and English making them bilingual and biliterate.
- Dual language programs have been in implementation for over 40 years in the U.S.
- Today there are more than 398 dual language programs across the country. Spanish is the most prevalent target language with 94% of the programs using Spanish and English as the language of instruction (National Academies of Sciences, Engineering, and Medicine, 2017).

# Does Research Support Dual Language?



**Dual Language Research** There are multiple benefits to acquiring a second language during the primary years. Some of the benefits include:

- Foreign language study has shown increased listening skills, memory, and a greater understanding of one's own language. (Lapkin, et al, 1990)
- Students who acquire advanced levels of proficiency in second languages often experience certain cognitive and linguistic advantages when compared to monolingual students. (Cummins 1981; Lambert, Genese, Holobow & Chartrand, 1993)

# The N-less Language

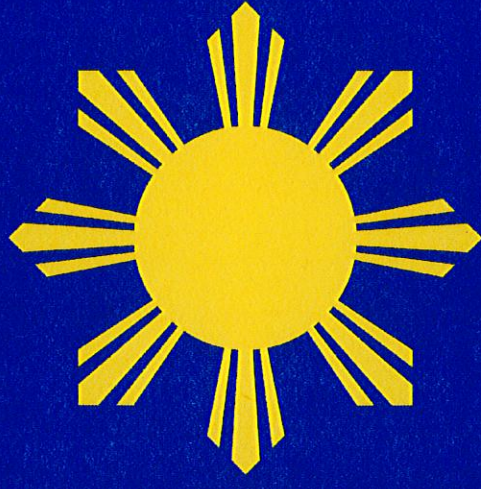
How many of you have participated in this activity before?

- Please pair up.
- Each pair needs to choose letter A or B
- Letter A's - Please tell your partner what you did yesterday--without using any word with the letter "N" in it.
  - For example the words dinner, went, etc (would not be able to be used)
- After about 30 seconds we will come together as a group.

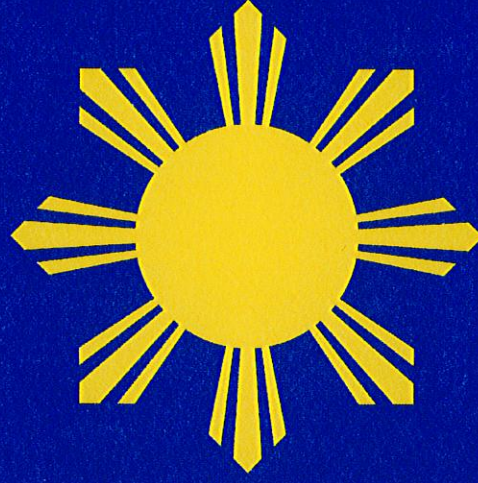
# N-Less language Continued

## Part 2:

- Now Letter B's - Please explain the process of photosynthesis to your partner.
- After about a minute we will come together as a group.



# Activity Debrief



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# Newcomers

- 2015: 9 newcomers
- 2022: 40 newcomers
  - 19 countries
- Newcomer Curriculum Council
  - Orientation
  - In/Outside of school experiences



# Focus on Biliteracy

- The district is focused on fostering Bilingualism and Biculturalism
- Not replacing one language with another but building both at the same time
- Bilingual teachers are trained in Best practice techniques and strategies
  - GLAD/DAR
  - Thinking Maps
  - Literacy Squared
- Creating the Pathway to the Seal of Biliteracy in High School
  - Kinder that HS is so far away-but becoming bilingual, bicultural, and biliterate starts in kinder.

# Curriculum

- The program uses district's core curriculum, and state adopted materials
  - Spanish Language Arts Standards
- Grade-level content standards are taught
- Delivery of the lesson is used through a language allocation model and target language is maintained during the instruction
- Teachers are highly trained and receive continued professional development.
  - Literacy Squared
  - Project GLAD



# EL Programing to Teacher of Record (TOR)

- Formally ESL pull out classes
- Certified EL teacher
- 90 minute blocks
- Same Standards/ same activities
- Multimodal

# Looking To the Future

District Goal #2: Investigate options for new or revised course offerings, with emphasis on World Language, Dual Language, and Encore opportunities

Exploring and Researching Two Way Dual programs

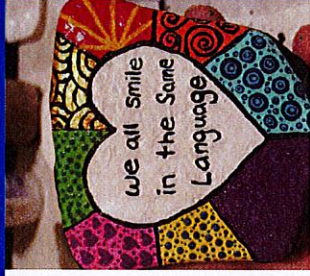
- During the 2023-2024 school year



## Thank You!

■ *"If you talk to a man in a language he understands, that goes to his head. If you talk to him in his language, that goes to his heart."*

~Nelson Mandela



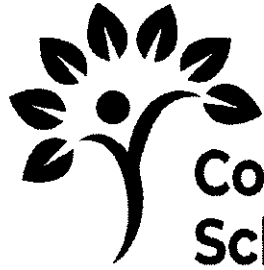
# Department of English

## Learners

Update Report

May 18, 2022





**Community Consolidated  
School District 46**

565 Frederick Road, Grayslake, IL 60030

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**Closed Session**