



Community Consolidated School District 46

565 Frederick Road, Grayslake, IL 60030

23-24 Seventh Grade Health Priority Standards

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For Health in Seventh Grade, all students will receive one session that covers all Health Education Priority Standards. During a students' assigned session, they may not attend Physical Education, but Health Class instead.

Cyle 1	Cycle 2	Cycle 3	Cycle 4
Identify components of a healthy lifestyle.	Recognize abusive behaviors and practice procedures for suspected abuse.	Analyze the effects of substance use, misuse and abuse on health status.	Identify components of a healthy lifestyle.
Communicate in positive ways to resolve differences and prevent conflict.	Communicate in positive ways to resolve differences and prevent conflict.	Explain the effect of health related choices on the brain.	
Explain the effect of health related choices on the brain.			

Per ISBE, Families Can Opt Out of Only the following content. Families must opt out in writing (or email) each school year.

- Comprehensive Sex Ed
- Family Life Class
- HIV/AIDS and STIs
- Avoiding sexual abuse / Erin's Law
- Instruction on organ/tissue and blood donor and transplantation programs
- Animal Dissection