



**Community Consolidated
School District 46**

565 Frederick Road, Grayslake, IL 60030

23-24 Second Grade Physical Education/Health Priority Standards

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Trimester 1	Trimester 2	Trimester 3
Physical Education	Physical Education	Physical Education
Demonstrate locomotor skills.	Demonstrate locomotor skills.	Demonstrate locomotor skills.
Demonstrate non-locomotor skills.	Demonstrate non-locomotor skills.	Demonstrate non-locomotor skills.
Participate in activities/games that make the heart beat faster and increases the rate of breathing.	Participate in activities/games that make the heart beat faster and increases the rate of breathing.	Participate in activities/games that make the heart beat faster and increases the rate of breathing.
Move safely in general and/or personal space.	Move safely in general and/or personal space.	Move safely in general and/or personal space.
Work cooperatively with others.	Work cooperatively with others.	Work cooperatively with others.
	Health Education	Health Education
	Identify choices that have a positive and negative effect on health.	Identify choices that have a positive and negative effect on health.
	Know what to do if abusive behavior is suspected or discovered.	

CCSD 46 K-4 Physical Education Selected Locomotor & Non-Locomotor Skills		
	Locomotor Skills (by the end of the school year)	Non-Locomotor Skills (by the end of the school year)
K	<i>Expose & practice only</i> -- walk, run, skip, jump, leap, hop, gallop, shuffle	<i>Expose & practice only</i> -- balance, bending, dodging, twisting, pushing, pulling
1	<i>Expose & practice only</i> -- walk, run, skip, jump, leap, hop, gallop, shuffle, walking backwards	<i>Expose & practice only</i> -- balance, bending, dodging, twisting, pushing, pulling
2	Assess -- run, hop, gallop, shuffle <i>Continue to develop</i> -- jump, leap, skip, walking backwards	Assess -- balance, twisting, dodging <i>Continue to develop</i> -- bending, pushing, pulling
3	Assess -- skip, jump, leap <i>Continue to refine</i> -- run, hop, gallop, shuffle	Assess -- balance, twisting, dodging <i>Continue to develop</i> -- bending, pushing, pulling
4	Assess -- run, hop, gallop, shuffle, jump, leap, skip	Assess -- balance, twisting, dodging <i>Continue to develop</i> -- bending, pushing, pulling