



For Immediate Release

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Health Department Offers H1N1 Flu Vaccine Clinics for Priority Groups
General Public to Receive Vaccine Following Priority Groups

The Lake County Health Department/Community Health Center has scheduled H1N1 flu vaccination clinics at five Lake County sites. These walk-in clinics are initially for people in specific high priority target groups. (See attached clinic schedule.)

“In the long run, there should be enough H1N1 flu vaccine for everyone who wants the vaccine,” said Irene Pierce, the Health Department’s Executive Director. “But in this first round of vaccine distribution, we are steering people in high risk groups to the front of the line for the vaccine. We will notify residents when the vaccine is available for the general public.”

In addition to the Health Department clinics, vaccinations will be available from a large number of community healthcare providers, pharmacies and clinics in November and December. The Health Department is encouraging those with healthcare providers to receive the vaccine from them if available. More than 430 local providers and facilities

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registered to receive vaccine in the county.

The high priority target population groups for the H1N1 vaccine include:

- Individuals 6 months to 24 years of age
- Caretakers and household contacts of children under 6 months of age
- Pregnant women
- Healthcare and emergency medical services employees
- People 25 to 64 years of age with underlying medical conditions, such as asthma or diabetes, which put them at high risk for flu-related complications

“This H1N1 vaccine campaign is a collaborative effort,” said Pierce. “We are grateful to the numerous healthcare providers, schools, businesses and others who are participating. We are reminding residents that this is a long-term campaign that will continue for months until everyone who wants a shot has received one. Vaccination is the most effective way to prevent H1N1 flu.”

H1N1 vaccinations have been produced in several forms such as nasal spray and shots. Health Department vaccination clinic staff will work with residents to determine the best form of vaccine for each individual, based on health needs and vaccine availability. It is also very important that anyone who received a seasonal flu shot this year to bring a record of that vaccination to the H1N1 clinic so staff can determine the best form of vaccine to provide.

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The Health Department continues to encourage residents to follow steps to help prevent the spread of flu (both seasonal and H1N1) in the workplace, schools and throughout the community. In addition to receiving the seasonal and H1N1 flu shots, they should follow the three C's:

- Clean - Wash your hands.
- Cover - Cover your cough and sneeze.
- Contain - Contain your germs. Stay home if you're sick.

Additional important items to remember about flu include:

- Overall, people are most contagious during the first three days of illness, so staying home during this time is especially important to not spread the flu to coworkers, friends or fellow students.
- People with flu-like symptoms should stay home from school, work and social gatherings until 24 hours after resolution of their fever (less than 100 F) without fever reducing medications.
- The Centers for Disease Control and Prevention recommends that children 9 and younger receive two doses of 2009 H1N1 vaccine, which should be separated by one month. One dose is recommended for everyone else.

Residents are encouraged to access reliable sources for flu information and updates, including:

<http://www.lakecountyil.gov/Health/H1N1.htm>

<http://www.flu.gov/>

<http://ready.illinois.gov>

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H1N1 Flu Clinics
Page 4 of 4

The Health Department's H1N1 hotline number is: (847) 377-8350. The Health Department is recruiting volunteers for its Lake County Medical Reserve Corps to help with H1N1 flu prevention. For more information, call: (847) 377-8358.



Lake County Health Department H1N1 Vaccination Clinic Schedule

Gurnee

Advocate Condell Medical Building
1425 Hunt Club Road, Suite 103

Thursday, Oct. 29 - 8 a.m. - 8 p.m.
Friday, Oct. 30 - 8 a.m. - 8 p.m.
Saturday, Oct. 31 - 8 a.m. - 5 p.m.
Sunday, Nov. 1 - 8 a.m. - 5 p.m.

Note: This clinic will remain open for several months to provide vaccine to the general public following the priority groups.

Mundelein

Carl Sandburg Middle School
Gymnasium
855 W. Hawley Street

Thursday, Oct. 29 - 8 a.m. - 8 p.m.
Friday, Oct. 30 - 8 a.m. - 8 p.m.
Saturday, Oct. 31 - 8 a.m. - 5 p.m.
Sunday, Nov. 1 - 8 a.m. - 5 p.m.

Round Lake Beach

Round Lake Area Park District
Sports Center
2004 Municipal Way

Thursday, Oct. 29 - 8 a.m. - 8 p.m.
Friday, Oct. 30 - 8 a.m. - 8 p.m.
Saturday, Oct. 31 - 8 a.m. - 5 p.m.
Sunday, Nov. 1 - 1 p.m. - 5 p.m.

Waukegan

Waukegan Park District
Field House at Hinkston Park
800 N. Baldwin Avenue

H1N1 Clinic Schedule Continued

Thursday, Oct. 29 - 8 a.m. - 8 p.m.

Friday, Oct. 30 - 8 a.m. - 8 p.m.

Saturday, Oct. 31 - 8 a.m. - 5 p.m.

Sunday, Nov. 1 - 8 a.m. - 12 p.m.

North Chicago

The Lake County Health Department's
North Chicago Community Health Center

2215 14th Street

Thursday, Oct. 29 - 9 a.m. - 3 p.m.

Friday, Oct. 30 - 9 a.m. - 3 p.m.

Saturday, Oct. 31 - 9 a.m. - 4 p.m.

Sunday, Nov. 1 - Closed

These clinics are walk-in only. Please note that only the H1N1 flu vaccine, and not the seasonal flu vaccine, is available at these clinics. For more information on H1N1 prevention, visit: www.lakecountyil.gov/Health/H1N1.htm.

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